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Course Comparison

Category	Course Name	Presentations		Short courses		International courses	First aid & CPR courses									
		CPR Practice	First Aid Practice	Basic First Aid	PP CPR AED	BLS for HCP	Level 1: Min	Level 1: DOL	Level 1: SETA	Level 2 upgrade	Level 1 & 2	Level 3 upgrade	Level 1, 2 & 3			
Course Version	Course Version	Pulse Point	Pulse Point	Pulse Point	Pulse Point	Pulse Point	Dept. of labour (DOL) Minimum content	Pulse Point: DOL	Pulse Point: SETA 119597	Pulse Point	Dept. of labour (DOL) Minimum content	Pulse Point: DOL	Pulse Point: DOL	Dept. of labour (DOL) Minimum content	Pulse Point: DOL	
Duration	Course Duration	1 Hour	2 Hours	3 hrs	3 hrs	6 hrs	2 days	2 days	2 days	1 day	3 days	3 days	2 days	5 days	5 days	
Accreditation	Department of Labour						✓	✓		✓	✓	✓	✓	✓	✓	
	SETA & SAQA								✓							
	Health Professions Council of South Africa (HPCSA)				✓	✓		✓		✓		✓	✓	✓	✓	
	HPCSA Standard CPD / CEU Points				3 CPDs	15 CPDs		16 CPDs		13 CPDs		29 CPDs	16 CPDs		45 CPDs	
	HPCSA Ethics CPD / CEU points							2 ethics		2 ethics		4 ethics	2 ethics		6 ethics	
	Register of Exercise Professionals (REPSSA)				2 CPDs			12 CPDs								
	Resuscitation council of Southern Africa					✓										
	American Heart Association					✓										
	Discovery Vitality				✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
Basics of first aid	Safety & Emergency scene management	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
	Principles of first aid						✓	✓	✓	✓	✓	✓	✓	✓	✓	
	Ethics related to emergency care							✓	✓	✓		✓	✓	✓	✓	
	The Chain of Survival						✓		✓	✓		✓	✓	✓	✓	
	Basic First Aid Kit list		✓	✓				✓	✓	✓		✓	✓	✓	✓	
CPR	Choking	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	
	Artificial respiration	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
	One-rescuer Adult CPR	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
	One-rescuer Child CPR	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
	One-rescuer Infant CPR				✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
	Two-rescuer Adult CPR					✓	✓			✓	✓	✓		✓	✓	
	Automated External Defibrillator (AED)				✓	✓	✓						✓		✓	
Training	Theory : Practical	50:50	50:50	50:50	50:50	50:50	50:50	50:50	50:50	50:50	50:50	50:50	50:50	50:50	50:50	



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Injury Management	Single Injury Management		✓	✓			✓	✓	✓	✓	✓	✓	✓	✓
	Multiple injury management		✓	✓				✓	✓	✓	✓	✓	✓	✓
	Diagnosis of medical conditions		✓	✓				✓	✓	✓		✓		✓
	Multiple patient management											✓	✓	✓
Traumatic Injuries	Wounds and bleeding	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓
	Bandaging practice		✓	✓			✓	✓	✓	✓	✓	✓	✓	✓
	Unconsciousness and fainting		✓	✓			✓	✓	✓	✓	✓	✓	✓	✓
	Shock		✓	✓			✓	✓	✓	✓	✓	✓	✓	✓
	Shock practice		✓	✓			✓	✓	✓	✓	✓	✓	✓	✓
	Burns		✓	✓			✓	✓	✓	✓	✓	✓	✓	✓
	Specific fractures		✓	✓				✓	✓	✓	✓	✓	✓	✓
	Fractures & Splinting		✓	✓			✓	✓	✓	✓	✓	✓	✓	✓
	Basic Splinting practice		✓	✓			✓	✓	✓	✓	✓	✓	✓	✓
	Standard Splinting practice						✓	✓	✓	✓	✓	✓	✓	✓
	Head and Spinal Injuries		✓	✓			✓	✓	✓	✓	✓	✓	✓	✓
	Poisons		Intro	Intro				Intro	Intro	✓	✓	✓	✓	✓
	Eye injuries		✓	✓				✓	✓	✓	✓	✓	✓	✓
	Soft tissue injuries		✓	✓				✓	✓	✓	✓	✓	✓	✓
	Joint injuries & Sprains		✓	✓				✓	✓	✓	✓	✓	✓	✓
	Hand injuries		✓	✓				✓	✓	✓	✓	✓	✓	✓
	Impaled objects							Intro	✓	✓	✓	✓	✓	✓
	Compartment syndrome							Intro	Intro		✓	✓	✓	✓
	Chest injuries									✓	✓	✓	✓	✓



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Traumatic Injuries (cont.)	Pelvic and abdominal injuries									✓	✓	✓	✓	✓	✓
	Crush Injuries												✓	✓	✓
	Concussion & Compression												✓	✓	✓
Medical emergencies	Seizures & Fits		Intro	Intro				Intro	Intro	✓	✓	✓	✓	✓	✓
	Heart attacks and Chest pain							Intro	Intro	✓	✓	✓	✓✓	✓	✓✓
	Stroke							Intro	Intro	✓		✓	✓	✓	✓
	Asthma		✓	✓				✓	✓	✓		✓	✓	✓	✓
	Allergies & Skin reactions		✓	✓				✓	✓	✓		✓	✓	✓	✓
	Drowning			✓						✓		✓	✓	✓	✓
	Diabetes							Intro	Intro	Intro		Intro	✓	✓	✓
	Emergency child birth												✓	✓	✓
Environmental Injuries	Snake bites and bee stings		Intro	Intro				Intro	Intro	✓	✓	✓	✓	✓	✓
	Bites and stings		Intro					Intro	Intro	✓	✓	✓	✓	✓	✓
	Temperature emergencies							Intro	Intro	✓	✓	✓	✓	✓	✓
Anatomy and Physiology	Basic anatomy and physiology							✓	✓	✓	✓	✓	✓	✓	✓
	Applied anatomy and physiology								✓	✓	✓	✓	✓	✓	✓
Patient Monitoring	Patient History							✓	✓	✓		✓			✓
	Adult Vital signs							✓	✓	✓		✓			✓
	Infant & Child Vital signs											✓			✓
	Glasgow Coma Scale											✓			✓
	Blood pressure											✓			✓



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Advanced first aid skills	Rescue Carries										✓	✓	✓	✓	✓	✓
	Problem solving scenarios							✓	✓	✓		✓	✓	✓	✓	✓
	Emergency simulations							6	6	3		9	6	✓	15	
Testing & Assessments	CPR evaluation				✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Written test evaluating both theory & practical					✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Practical assesment on an emergency simultaion							✓	✓	✓	✓	✓	✓	✓	✓	✓
	Portfolio of Evidence submission								✓	✓	✓	✓	✓	✓	✓	✓
Student aids	Manual	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Resuscitation aid (mouth piece)	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Pair of gloves	✓			✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
	Keyring pouch	✓			✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
Training aids	Whiteboard	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓
	Video			✓	✓	✓		✓	✓		✓	✓		✓	✓	✓
	Powerpoint		✓	✓				✓	✓	✓		✓	✓	✓	✓	✓
	First Aid Kit		✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Adult/Child Resuscitation manikin	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Infant Resuscitation manikin				✓	✓			✓	✓	✓	✓	✓	✓	✓	✓
	Cervical immobilization device						✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Anatomy visual aids								✓		✓	✓	✓	✓	✓	✓
	Full spinal boards												✓	✓	✓	✓
	Wound simulation							✓		✓	✓	✓	✓	✓	✓	✓
Minimum Ratios	Minimum Instructors to Students	1:15	1:25	1:20	1:10	1:9	1:15	1:15	1:12	1:12	1:12	1:12	1:12	1:12	1:12	1:12
	Minimum Manikins to Students	1:3			1:3	1:3		1:3	1:3	1:3		1:3	1:3		1:3	1:3
	Practical equipment to Students		1:4	1:3				1:3	1:3	1:3		1:3	1:3		1:3	1:3